

Worm Care

Tips on how to maintain your worm farm



- Feed worms little and often (once a fortnight) rather than huge quantities all at once
- Feed worms a good balance – 1 part Carbon (paper, leaves) to 3 parts Nitrogen (green waste, food scraps)
- If you break up food and paper into small pieces it can be eaten by worms more quickly
- Worms eat their own weight in one day when they are warm and happy
- Worms don't like too much citrus, onions, fats, bread (acidic)
- Add lime dust with each feed to help break down the acid content
- Feed about 1.5kg/week of food/paper scraps per 1000 worms, less in winter (1kg = 4000 worms)
- One square metre can easily house 10 – 15,000 tiger worms
- Keep worm farms in the shade of a tree for shelter from sun and frost – tiger worms like about 18 degrees, morning sun is good
- Make sure the bedding is moist but not soggy – cover to protect from huge downpours of rain and sprinkle with water if it's getting dry
- Cover food with moist wads of paper to maintain moisture – this will also be food for worms
- If the worm farm smells this means there is too much rotting food with not enough air – add lime, dry hay/straw or cardboard and turn to aerate
- If you have fruit flies it means the food is too acidic – add lime

For More Information Contact

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